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**ISSUE 3
AUTUMN 2023**

BRIZ

**A COMMUNITY NEWSLETTER
FOR BRISLINGTON**

FEATURING

**COMMUNITY CLIMATE ACTION PLAN
AWARD WINNING BRISLINGTON BUSINESS
ARTIST PROJECT AND COLOURING IN SHEET
FREE AND AFFORDABLE LISTINGS
BRISLINGTON HILL - ART FOR COMMUNITY**

FREE



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Editorial
Bricks Newsletter Volunteer Team

Design **Print**
Studio Mothership Taylor Brothers

Special thanks to
All those who have contributed their time to the newsletter, through decision making, content and distribution.

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[@b_thorney](mailto:b_thorney)
Becca is a Brislington-based illustrator

Supported by
Bristol City Council, Clarion Housing & Quartet Community Foundation



WELCOME LETTER

Dear Reader,

As things begin to cool down and the leaves turn, we are thrilled to share the Autumn issue of BRIZ, the popular community newsletter for all things Brislington.

In this issue, you can find out about listening to local voices to create an even more healthy and happy community in Brislington, nominate local climate heroes, hear about an award winning business started by a local resident, learn more from artist Ellie Shipman on her project, think about ideas for a St Anne's sauna, find out about things going on, and more!

This is the third of four newsletters which we have been funded to put together alongside the local community of Brislington. For this Autumn issue, the content has been provided and chosen by local community members.

Thank you for the continued support for this trial run of BRIZ and to any who have volunteered and offered your time. We have funding for one more issue, so if you'd like to get in touch with any ideas or content please email: briz@bricksbristol.org

Happy Autumn all!

Best,

The BRIZ Editorial team

COMMUNITY CLIMATE ACTION PLAN



➔ **The past couple of months local people have held conversations, shared homemade meals and attended events to gather ideas for an inclusive climate action plan for the residents of Brislington.**

A Climate Action Plan is a document which sets out priorities and steps that can be taken to achieve goals around climate and nature. This plan will bring together the experiences and knowledge of people living in Brislington and focus on areas such as: how can active travel and community transport be better? What ideas do we have to share food and cut costs of buying food?

The aim is to contribute to an even happier, healthier neighbourhood whilst looking after the planet and our local green spaces at the same time.

The plan will be launched in early 2024. The idea is that the actions from the plan can be realised by the local community with support from organisations like Bricks. ●

If you'd like to get involved or find out more, please email: georgia@bricksbristol.org, or leave a message on 07709 264 201.



UPCOMING EVENTS:

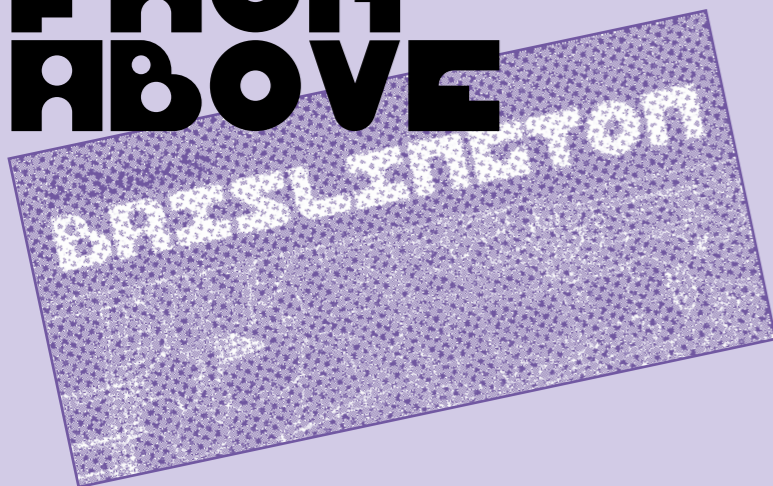
stanneshouse.org/series/climate-action-plan

This project is in partnership with Bricks and Bristol Green Capital.



If you're unable to attend any sessions but would like to have a say, you can fill in our online survey ➔

VIEWED FROM ABOVE



Community map of Brislington

Alongside this Autumn Issue you will find a one-off community map, the resource contains 33 listings showcasing the green spaces, community hubs and leisure clubs available in the neighbourhood.

Whether you're a resident looking to rekindle your love for the area or a visitor eager to explore, our map is the perfect companion to help you discover Brislington!

A collaboration between Out & About Brislington, BRIZ, and Bricks.

outaboutbris.com / [@outandaboutbris](https://twitter.com/outandaboutbris)
bricksbristol.org / [@bricksbristol](https://twitter.com/bricksbristol)

WE ARE LOOKING FOR YOUR LOCAL NATURE AND CLIMATE HEROES!

Do you know someone who you consider to be a hero for the local community and climate?

It could be someone who helps tidy up the green spaces in Brislington, someone who has great ways of saving food and resources, or someone who inspires you to keep our area clean and welcoming to everybody.

Fill in the form at www.stanneshouse.org/localheroes with your nominations. We are hoping to spotlight the hero's who inspire others over the coming months to thank and celebrate them.



SPICING UP THINGS



MEET JAMES, FOUNDER OF AWARD WINNING BRISLINGTON HOT SAUCE, HASK HELLS!

→ James is a local resident who has started a business producing and selling homemade hot sauces. We chatted with James about the Hask Hell's story.

Tell us about your beginning

In July 2020, like for all during this time I was isolating, so it felt like the perfect moment to dust off a recipe book my in-laws gifted me, and start to experiment!

At the time our twins 'The Tiny Sous Chefs' as affectionately known online were still young, and I had time to play around, and very quickly something fired up in me (pun intended) to keep going. Initially I never thought it'd become a business, it was purely fun and something to do during the tense lockdown.

After experimenting with the recipes I gave them to work colleagues who were keen to try some. The early attempts were a success, and with their encouragement I soon began to tweak recipes.

After the lockdown eased, I started to sell the hot sauces to family and friends. Soon enough word of mouth in our BS4 community and social media created a buzz, and it became apparent people were enjoying them!



The sauces

I've tried different combinations of chillies to get the right balance of heat to complement the flavour of other ingredients, alongside the very important consistency of the sauce! For me, hot sauce isn't purely about heat - it also has to be super tasty.

Next steps?

I'm unsure where we'll be in 5 years, but I'd love to make bigger batches in local professional kitchens, as the house can get rather crowded! As well as more festivals and market.

Over the past three years, I have expanded the range to 7 sauces including a couple of award winners, a range of BBQ seasoning and a chilli salt. I even have a trucker hat and beanie available now!

I've hugely appreciated the local food businesses, and the hot sauce community from around the world who have been extremely welcoming and been great to learn from.

Upcoming events

Pop up event at local Hop Union Brewery with BS4 food business Payne's BBQ happening this Autumn (tbc).

I'd like to say a huge thank you to all on social media who have helped with my journey so far, it's incredible how many people you can connect with through these platforms, so I'd suggest to any start-ups to look on social media for support and advice, alongside your neighbours, friends, family and local community.

You can follow James to find out where he's trading next and say hello! ●

@Hask_hells
Hask Hells Branding by local Bristol artist:
@Acrylic_Tuggboat __

VOUCHER

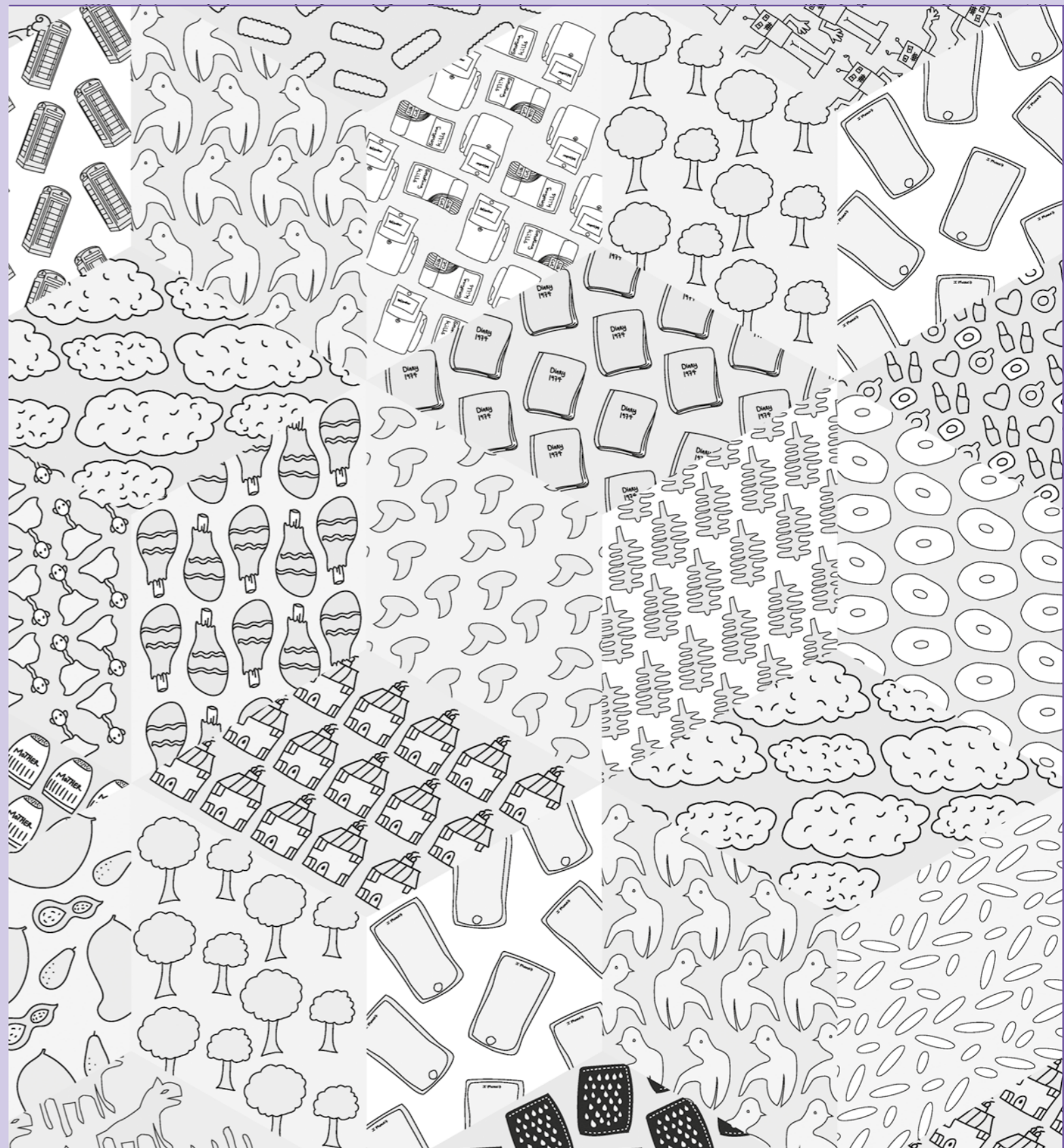
Special discount voucher for all BRIZ readers. Grab your very own hot sauce this Autumn from Hask Hells! 15% off with voucher code: **BRIZ15**
Visit: Haskhells.co.uk, valid until 31 Dec 2023.



ELLIE SHEPMAN

RE:COLLECTION REGATHERING SOCIAL PRACTICE

This colouring sheet is inspired by Ellie's design for a public artwork in the form of a quilt of patterns designed by older people and children. Have a go colouring in! ↪



Ellie Shipman is a visual artist based at St Anne's House. Ellie is interested in sustainability, community and what it means to be a woman. Artworks are often participatory or interactive - including people and communities in research, process and product.

FLOW YOGA

Tuesdays, weekly
7.15pm - 8.15pm
£8 drop in / £29 pcm
07717 872 312
Please book

BROWNIES/GUIDES

7-14 years old
Wednesdays, weekly
6pm - 9pm
Enquire about pricing
www.girlguiding.org.uk

BINGO

Wednesdays, weekly
1.30pm - 3.30pm
01179 723 066

RAINBOWS

4-7 years old
Thursdays, weekly
6pm - 7pm
Enquire about pricing
www.girlguiding.org.uk

MARTIAL ARTS

Variety of weekly classes.
To find out more visit:
dragonclawmartialarts.com
07717 872 312
Please Book

**Salisbury Rd,
BS4 4EL**

ST ANNE'S CHURCH HALL

BROOMHILL

BABY BUILDING BLOCKS

Ages 0 - 12 months
Friday, weekly
10am - 11.15am
Free - Drop in

BOOGIE DISCO

Ages 18 months +
Tuesdays, weekly
10am - 11am
Free - Drop in

ebcc@bristol.gov.uk
0117 3773189

**Hampstead Rd,
Brislington Village,
BS4 3HN**

ST ANNE'S PARK CHILDREN CENTRE

STAY & PLAY

Thursdays, weekly
1.30pm - 3pm
Free - Drop in

BABY HUB

Wednesdays
10am - 11.30am
Free - Drop in

Fermaine Ave , BS4 4UY 01173 773 189
ebcc@bristol.gov.uk

CHILDREN'S CENTRE

**FREE AND AFFORDABLE*
ACTIVITIES
IN BRISLINGTON**

CHILDREN FOR 50+

*Less than £20 per session

42
THINGS TO DO
IN BRISLINGTON

BEAVERS

Tuesdays, weekly
6pm - 7pm
beavers@5thbristol.co.uk

CUBS

Mondays, weekly
6.30pm - 8pm
cubs@5thbristol.co.uk

SCOUTS

Tuesdays, weekly
7.30pm - 9.30pm
scouts@5thbristol.co.uk

**Brookside Rd,
BS4 4JS**

**ST ANNE'S PARK
BOWLS**

Open daily from 5.30pm
Free - drop in

THE WIGWAM

ACROSS

**YOUTH CLUB
ON WHEELS**

(Open Access Youth Club)

Mondays, weekly
6pm - 8pm
info@youngbristol.com
General: 0117 929 2513
On the day: 07879987113

BRISLINGTON

FLOW YOGA

Thursdays, weekly
6 - 7pm
7.15 - 8.15pm
£9

PREGNANCY YOGA

Tuesdays, weekly
6.30pm - 7.45pm
£13

**SOUND BATH AND
MEDITATION**

Sept 27, Oct 25, Dec 27
7.15pm - 9.15pm
£18

MINDFUL PILATES

Mondays, weekly
6pm - 7pm
£8.50

LUNCHTIME YOGA

Wednesdays, weekly
12.15pm - 1.15pm
£10.50

**Langton Court Rd,
BS4 4EG**
More classes available visit website:
thelangtonbristol.co.uk/wellness-hub

THE LANGTON PUB - WELLNESS HUB

ZUMBA GOLD

(For Older People)
Wednesdays, weekly
12.45am - 1.30pm
£3
jaxrgill@gmail.com
07766 467 093

ZUMBA

Saturday, weekly
9am - 10am
Mon & Weds, weekly
5pm - 6pm
Thursday, weekly
6pm - 7pm

TEA CLUB

Wednesdays, weekly
2pm - 3pm
01179 710 523
Free - drop in

REPAIR CAFÉ

3rd Saturday of every
mont
Free - Drop in
10am - 12pm

Sandy Park Rd, BS4 3PG

BRISLINGTON UNITED

**POSTNATAL MUM
& BABY PILATES**

Tuesday, weekly
11am - 12pm
£37 pcm
07984 582228
bwellpilates.co.uk
Please Book

CHAIR DANCE/ PILATES

Mondays, weekly
2pm - 3pm
£8 / pay-what-you-can
07539217177
Please Book

PILATES

Mondays, weekly
3.30pm - 4.30pm
£8
07539 217 177
Please Book

CHARITY CEILIDH

Saturday, 07 Oct
7pm - 10pm
£15
brislintonwelcome.co.uk/events

**Grove Park,
BS4 3LG**

**THESE TWO HANDS
CHRISTMAS
MARKET**

Sat 02 December
10am - 4pm
Free - drop in

**The Engine Room
21 - 23
Emery Rd
BS4 5PT**

**NIGHTINGALE
VALLEY CHOIR**

Mondays, weekly
7.30pm - 9.15pm
**£7 per session,
£70 for 10 sessions**
Please Book
anyafmsz@gmail.com
keepitvocal.com

**Allison Rd,
BS4 4NZ**

BEESES

BEER & CIDER FESTIVAL

06 - 07 October
Noon - onwards
Free - drop in

BS4 4SX
info@beeses.co.uk
0117 977 7412

**CANADIAN
THANKSGIVING
DINNER**

15 October
Please book

**BEESES
CHRISTMAS DINNER**

22 October
Please book

**RE:COLLECTION
Regathering social
practice**

by artist
Ellie Shipman

02 - 11 November
Thurs 02 Nov, 6pm - 9pm
03 - 11 Nov, 10am - 4pm
Free - Drop in

**MINI MILK
Breastfeeding
Support Group**

Mondays, weekly
11am - 12pm
07709 264 201

**St Anne's Rd,
BS4 4AB**
stannahouse.org
07709 264 201

ST ANNE'S TAP HOUSE
Pop-up tap room

First Thursday
of the month
5pm - 10pm
Drop in

VINYASA FLOW YOGA

Tuesdays
6pm - 7pm
£8.50

MORNING MEET-UPS

Thursdays, weekly
10am - 12pm
07709 264 201

SHARED READING

Wednesdays, weekly
10.30am - 12pm
07709 264 201

ST OUTHBERT'S CHURCH REFORM CHURCH

ST ANNE'S HOUSE

HOLYMEAD PRIMARY SCHOOL

**Wick Rd,
BS4 4HB**

KURLING

Tuesday, weekly
1pm - 2.30pm
Drop in - term time only
0785125501

**REBOUNCE
MINI-TRAMPOLINE**

Tuesday, weekly
6.15pm - 7.00pm
£7.25
Please Book**

**revivefitnessclasses.co.uk/contact-us

**LEGS, BUMS
AND TUMS**

Wednesdays, weekly
6.15pm - 7.05pm
£6.50
Please Book**

**STRENGTH
& STRETCH**

Thursdays, weekly
11.30am - 12.30pm
£7
Please Book**

**This is just a handful of activities and venues
in the area to get involved in, make sure you
double check by contacting each listing before
attending!**

**Each venue has more activities happening than
listed, so check them out.**

We aren't able to showcase all listings happening,
if you'd like yours to be in the next issue get in touch:

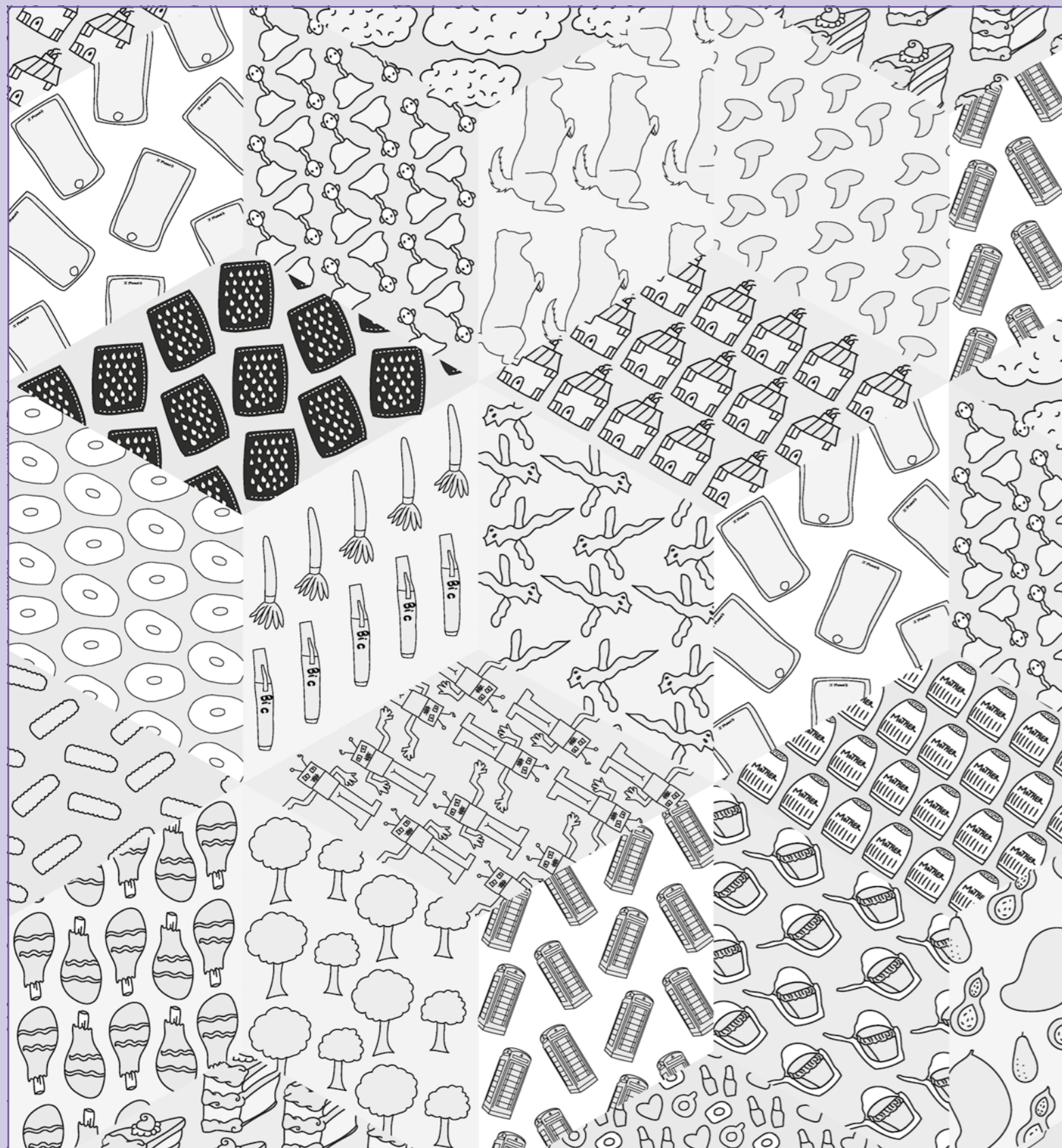
briz@bricksbristol.org or 07709 264 201

RE:COLLECTION - Regathering social practice. A solo show by Ellie Shipman

RE:COLLECTION is an investigation of where social practice sits in contemporary art. Where participatory artworks created over the last 12 years are recollected, regathered and re-presented. The artworks have never been seen in a gallery space. The exhibition provides a space for these pieces to breathe, to come together and share a conversation.

eleanorshipman.com
ellie@ellieshipman.com / @ellieshipman

You are invited to visit:
2 & 9 Nov, 6-9pm.
3 - 11 Nov, 10-4pm.
St Anne's House.



ART FOR COMMUNITY

AT BRISLINGTON HILL



Artists involved: annahaydockwilson.com, collaborativepainting.uk, bexgloverart.co.uk, [@Acerone_uk](https://twitter.com/Acerone_uk)

In partnership with Young Bristol Youth Club on Wheels. Brislington Arts is being delivered as one of the activities under the City Centre and High Streets Recovery and Renewal programme, funded by Bristol City Council and the West of England Combined Authority's Love our High Streets project.



➔ From April to August 2023 Greater Brislington Together has been working with local artists to provide arts activities at the Brislington Village Market. The artists put on drop-in sessions where participants learned art techniques and different ways of thinking about their environment and nature.

Up to 70 people made artworks at each of the market events and Young Bristol were pleased with the engagement from local young people. The culmination of all this BS4 creativity are the murals you can see on the ramps and pillars which hold up the footbridge, these emerged in early September.

The hopes for the future?

Greater Brislington Together are applying for more funds to continue an arts and crafts programme and Young Bristol are hoping to increase arts activities and engagement in the BS4 area. Many locals would like to see the footbridge taken down, others would love the road to be quieter with lower speed limits. All is up for discussion!

In the meantime, everyone involved hopes you have enjoyed all the arts and artworks that this programme has created. ●

You can see the artwork on Brislington Hill using What3Words: [///harsh.pepper.summer](https://www.what3words.com/#!/harsh.pepper.summer)

➔ Recognising the lack of affordable and inclusive sauna provision in Bristol a group are looking to set up a community sauna and cold bathing at St Anne's House.

Anyone interested in either being part of making this happen, or knowing when its ready to visit can join the mailing list: tinyurl.com/SAH-Sauna ●

[@bristolcommunitysauna](https://twitter.com/bristolcommunitysauna)



BRISTOL COMMUNITY SAUNA



ADVERTISEMENT

BOP IS BACK

BRISTOL'S ANNUAL PHOTOBOOK FESTIVAL RETURNS TO PAINTWORKS THIS OCTOBER!



➔ BOP returns this year – 07 and 08 October – with another lineup of photobook publishers, artist talks, exhibitions, book signings, events, street food, coffee and local beer.

BOP, Books on Photography – is the annual photobook festival from Martin Parr Foundation and The Royal Photographic Society and takes place across Paintworks for one weekend each October. Featuring a pop-up bar from Lost and Grounded and street food from Bristol EATS.

Tickets for BOP 23 talks programme and full festival details are available now via the brand new BOP website. Join us for the festival weekend and explore the latest in photography and publishing.●

Entry to the festival is FREE, artist talks are ticketed at £5 / £3 for members & students.

0117 329 3270
hello@bopbristol.org
bopbristol.org



Clarion Futures Charitable Foundation:

ILLUMINATING PATHS TO PROGRESS

We're actively supporting individuals and community organisations in Bristol, with a special focus on the Brislington area.

We're eager to do even more, and we want your input! We invite you to share your thoughts and aspirations for your community.

What do you envision for the future?
Is there something specific you need assistance with?

Your feedback is invaluable in helping us tailor our efforts to your needs.

Clarion Futures is a dynamic force made up of three passionate teams: Money & Digital, Jobs & Training, and Communities. Together, we strive to make a positive impact, fostering growth and prosperity for all.

To voice your opinions and learn more about Clarion Futures, simply scan the QR code.

By emailing brizz@bricksbristol.org or calling **07709 264 201**



SUPPORT & ADVICE

A guide of key services which provide free support and advice.

➔ WE ARE BRISTOL HELPLINE

Free helpline to get information and advice about the cost of living crisis.

Monday to Friday
8.30am - 5pm

0800 694 0184

➔ EAST BRISTOL FOOD BANK

Emergency food parcels are available for those in need (agency referral voucher needed). Deliveries on Fridays to Brislington or visit: St Barnabas Church, Daventry Road BS4 1DQ
Wednesdays
12.30pm - 2pm

0808 208 2138

www.eastbristolfoodbank.org.uk/get-help

➔ BRISTOL LAW CENTRE

Free legal phone advice, and casework. Specialists in housing & homelessness, benefits, mental health, employment and discrimination.

Mon - Fri
9.30am - 4.30pm

0117 924 8662
mail@bristollawcentre.org.uk

➔ CITIZENS ADVICE BRISTOL

Specialist advice on Housing, Disability, Money Advice, Welfare Benefits, Legal Rota, Employment

0808 278 7957

www.bristolcab.org.uk

➔ HOUSING MATTERS BRISTOL

A housing advice service and can provide free, independent, and specialist advice on housing-related matters to anyone in need, in Bristol and the surrounding area.

0117 935 1260

advice@housingmatters.org.uk
www.housingmatters.org.uk

➔ SHELTER

For urgent housing advice call Shelter's emergency helpline on:

0808 800 4444
www.england.shelter.org.uk

➔ THE SAMARITANS

Whatever you're going through, you can call Samaritans any time, from any phone for free. Open 24 hours a day, 365 days a year.

116 123

www.samaritans.org

➔ NHS MENTAL HEALTH TALKING THERAPIES

Free and confidential service, for anyone aged 16 or over, to help people overcome negative feelings and get more from their lives.

0333 200 1893

bit.ly/TalkingTherapiesBNSSG

➔ OFF THE RECORD BRISTOL

A mental health social movement by and for young people aged 11-25

0808 808 9120 (Enquiry only)

Mon - Fri 2pm - 5pm
hello@otrbristol.org.uk
www.otrbristol.org.uk

➔ AGE UK BRISTOL

Providing a number of services for older adults, including advice, social and community groups, befriending, and practical support. Advice is also available for carers and family.

0117 929 7537

www.ageuk.org.uk/bristol

➔ CARERS SUPPORT CENTRE BRISTOL

Provides support, information and advice to carers of any age living in the Bristol and South Gloucestershire.

0117 965 2200

www.carerssupportcentre.org.uk

➔ WECIL

WECIL is a user led organisation supporting Disabled people to live the life they choose through support and advice.

0117 947 9911

wecil.org.uk

➔ SWITCHBOARD

Switchboard provide information, support and a referral service for LGBT+ people – and anyone considering issues around their sexuality and/or gender identity. Helpline open 10:00-22:00 every day

0800 0119 100

hello@switchboard.lgbt
switchboard.lgbt/

➔ LOCAL COUNCILLORS

Councillor Jos Clark

(Liberal Democrat)
clr.jos.clark@bristol.gov.uk
07584 370 429

Councillor Andrew Varney

(Liberal Democrat)
clr.Andrew.Varney@bristol.gov.uk
07584183381

Councillor Katja Hornchen

(Labour)
clr.katja.hornchen@bristol.gov.uk
07584 186524

Councillor Tim Rippington

(Labour)
clr.tim.rippington@bristol.gov.uk
07825 523239

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AW

WELCOMING
AND
OPEN SPACE

CREATIVE
AND FUN
ACTIVITIES

CONNECT WITH
OTHER YOUNG
PEOPLE IN THE AREA

Young People at St Anne's House

FREE SESSIONS

Register for more information
coming soon, or check website
for updates:



Weekly Tuesday Evenings
Launching this Autumn

		St Anne's House BS4 4AB Bristol	stannes@bricksbristol.org 07709 264 201	@bricksbristol stanneshouse.org www.bricksbristol.org
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BRIZ GET INVOLVED IN THE NEXT ISSUE

Join the volunteer editorial team!
Different ages and levels of involvement are welcome.

E. briz@bricksbristol.org
T. 07709 264 201

We hope you enjoyed this edition of BRIZ. You can find newsletters at local shops and hubs to share around.

Digital issues are available at
stanneshouse.org/projects/briz

Could you help support us to continue BRIZ?

Text BRIZ followed by your donation amount for a one off payment to 70580. Example: "BRIZ 10" to donate £10.

Texts will cost the donation amount + one standard network rate message, and will opt you in to hear updates from us. If you would like to donate but don't want to opt in to future updates, please text "BRIZNOINFO 10" to donate £10.

Donations will go towards future issues. If future issues do not continue, they will go into community projects. Thank you!



Printed in Brislington,
on recycled paper
by Taylor Brothers Bristol Ltd

Please recycle responsibly.